

Sacred Fire

A Shamanic Adventure



San Cristobal de las Casas, Mexico

9-13 June 2021

Ancestral Ceremony, Initiation & Cultural Expedition

An expedition to the highlands of Chiapas, to immerse yourself in the beauty and mysticism of San Cristobal de las Casas, colourful colonial town deep in the Mayan land, meet authentic guardians of the tradition, participate in ceremony and be initiated to the ancient Mexican ritual of the Sacred Fire, during the June Solar Eclipse.

THE JOURNEY

Day 1

“Opening circle”

Evening Shamanic Circle

Day 2

“Solar Eclipse, New moon & Fire Ceremony”

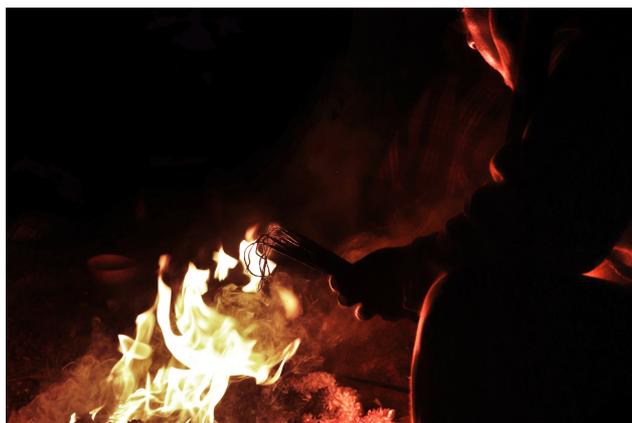
Morning Circle

Preparation for sacred ceremony: a trip through the labyrinth of the local indigenous market, to chose your “chalice” and gather the traditional materials for the Sacred Fire Initiation.

Lunch

Fire Ceremony: an evening of deep spiritual transformation with the traditional mayan fire ceremony from Guatemala.

The Mayan Ajq’ijob’, or Time Keepers, will bless your Chalice and the materials for the Sacred Fire Initiation, and will lead a beautiful ceremony, to celebrate the eclipse and the new moon. You will have the chance to help prepare the offerings and spend the evening with the mayan teachers to receive their powerful messages.



Day 3

“Sacred Fire Initiation”

Toltec Morning Walk

Sacred Fire Workshop theory and practice of the traditional rite of the Sahumadoras, guardians of the sacred fire and Priestesses of the Earth.

Sacred Fire Initiation: the sacred fire is activated in your Chalice so you may carry it with you wherever you go, and do Ceremony for the Earth.

Lunch

Free evening: San Cristobal offers much to do in your free time, with a great selection of mayan museums, a world renowned crafts market, and endless cafes to sit and watch the world go by while sipping freshly brewed Zapatista coffee.

Day 4

“ The Heart of Mayan Mysticism ”

Morning Circle

Free morning : you can book a private shamanic consultation with us, or spend more time enjoying the rich cultural life of this extraordinary Mayan town. If you love art, history, gems and chocolate, San Cristobal is the place for you!

Lunch

Mayan Ritual at San Juan Chamula: this is a trip out of town to one of the most evocative sites of the mayan tradition. We will have the rare permission to bring an offering and perform a mayan ritual. The atmosphere inside the temple is out of this world, and the experience will stay with you forever.

Return to San Cristobal and evening celebration

Day 5

Morning circle

Closure



Logistics

During Sacred Fire, there will be time to dive deep into spirit, and time to relax and enjoy art and culture.

To travel to San Cristobal, you can fly directly from Cancun or Mexico City to Tuxtla Gutierrez, and take a taxi/ bus from the airport to San Cristobal. You can also take the ADO bus from the Yucatan to San Cristobal, however it's a long journey.

We can help you arrange your travels, and recommend good accommodation options in San Cristobal.

Full program provided upon registration.

After Sacred Fire retreat, you are invited to join us in Tulum for the Sacred Waters Retreat, to celebrate Summer Solstice, and activate the alchemy of Fire & Water.

Workshop Leaders

Your workshop leaders will be Cinzia and Tanya, and the ceremony will be held by a cooperative of Mayan Ajq'ij.



Tanya Duarte is a Multicultural Shamanic Teacher and the creator of the empowerment school for women, Ritual Femenino. Graduated in Ontogonic Shamanism, with a Master in Gestalt and Transpersonal Psychology, Tanya is a respected educator and advocate for women's human rights, member of the feminist collective COFEMO. Initiated to the Red Path by the Native American Church of the Lakota Community, Tanya is also a bearer of the Sacred Aztec Fire, initiated in Malinalco by Eva Álvarez. Workshop leader in traditional and ritualistic medicine, Tanya is also a speaker on gender issues, human rights, and media analysis with a gender perspective. Director of “Afro-descendant Mexico Academic Project”, Tanya is a feminist activist for the rights of Afro-descendants in Mexico, as well as founder and coordinator of the Ixchel Xunam women's group in Valladolid and Tulum, Yucatán. Tanya has 30 years experience in Integrative Therapeutic Evolutionary Tarot and she’s the organizer of the annual "International Gathering of Medicine Women" in San Cristóbal de Las Casas, Chiapas.

Cinzia Sarigu



Founder of Ixchel Healing Arts, Cinzia is an Italian medicine woman and shamanic teacher with over 20 years experience. A natural born dreamer, from an early age she has been speaking to the ones in spirit, and helps others to develop their own unique connection to spirit in their daily life. Cinzia is a permaculture designer and teacher and over the years, she has founded community projects and regenerative initiatives in the UK, Italy, Mexico and

Guatemala. A background in social justice and environmental activism led her to live and work with Mayan communities in the Yucatan and Guatemala, where she was initiated as a Day Keeper and ceremony leader for the Traditional Mayan Fire Ceremony. Over the years Cinzia trained extensively in shamanism from the Toltec, Mayan, Celtic and North American tradition.

Cinzia specialises in dream work, ceremonial arts, Mexican shamanic healing, earth based spirituality, psychic channelling and Mayan Mysteries. Cinzia helps people find their path through life and develop their own gifts. The foundation of her work comes from a lifelong deep connection to nature and to the spirit world. Cinzia teaches all over the world in several languages and leads mystical retreats in Avalon, Mexico and the Mediterranean.

Fees

EARLY BIRD (by May 19) US \$ 720

USD \$900 full price

Includes

Workshops

Ceremonies

Initiations

Excursions

Materials

Local transportation during activities

Ixchel Healing Arts is an ethical project, your contribution supports the local economy as well as the indigenous teachers and guides, and their community projects.

For bookings & inquiries info@ixchel-arte.com

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