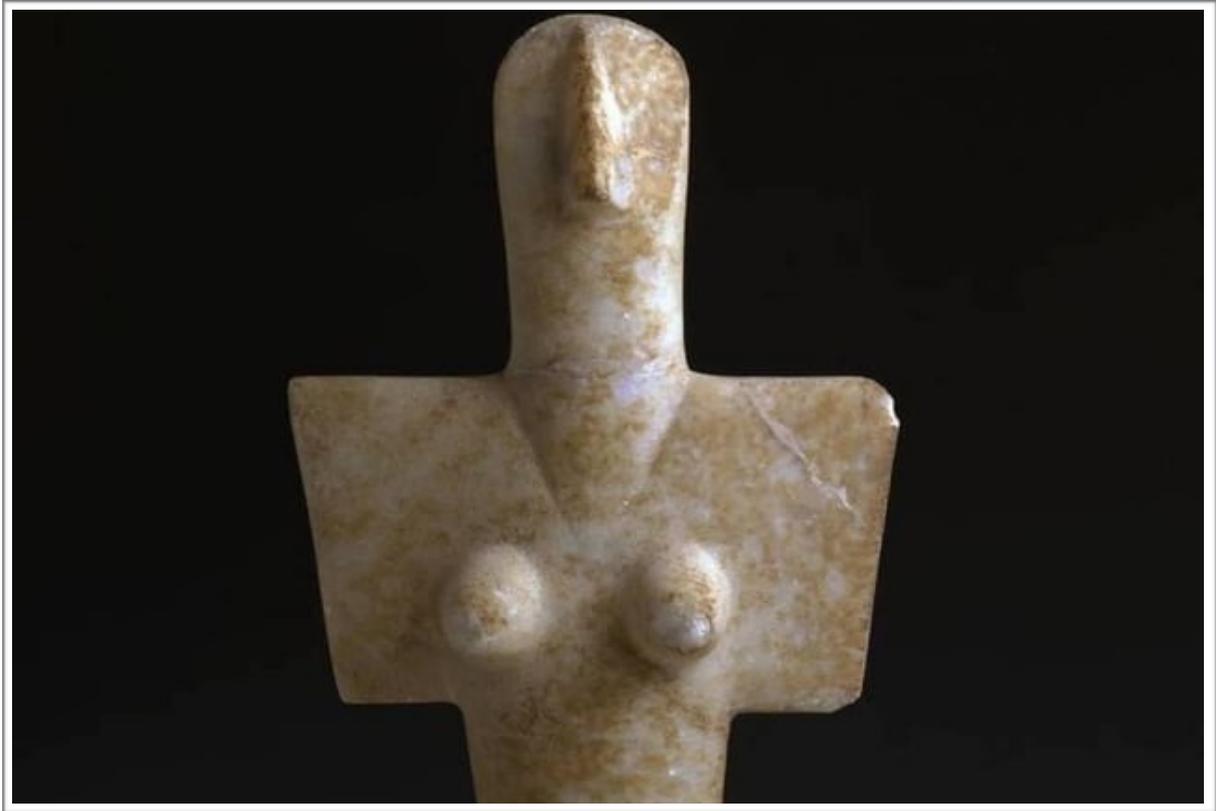


Dea Madre

On the footsteps of the Goddess



Shamanic Mediterranean Adventure

Sardinia, Italy

20-26 September 2021

A bespoke shamanic experience on the shores of the magical Mediterranean sea, immersed in mystery, ancient temples and old tales.

A unique opportunity to connect to the Dea Madre, the Mother Goddess in a stunning mystical corner of the world.

THE JOURNEY

Dea Madre is a unique journey to connect to the energies of earth and sky, learn shamanic practices and tap into your heritage from past lives.

A journey to remember and retrieve the essence of your unique path, a journey to embrace the beauty, healing and power of the Goddess.

The journey is set against the backdrop of a Medieval Castle overlooking the Mediterranean sea, the mountains and the pink flamingoes. You will be staying within the walls of the castle and do ceremony in sacred sites, to discover a culture so ancient that it is almost suspended in time. The energies on the island are like nothing you've ever experienced, with great wisdom stored in the rocks.

Dea Madre is an experiential journey to deepen your connection to the spirit of nature, learn to interpret ancient codes, channel messages from the stars, receive healing and do ceremony for the earth.



The Flow

Day 1

Sunset at the Castle

Opening ceremony at the Castle, with sacred live music by
Yaacob Surya

Day 2

Mediterranean Full Moon

Complementary morning meditation

Free time

Full moon ceremony on the beach to shake away the old cycle
and awaken the earth energies for the Equinox.

Dinner on the beach

Day 3

Autumn Equinox Ceremony

Equinox Ceremony at Sant'Antioco, small island and treasure
hold of Templar history. We will spend the day with Chiara
Vigo, the last Water Priestess of a 7000 years old
Mediterranean tradition, to receive exclusive teachings and
blessings that may change your life forever!

Lunch in a local fishermen locanda

Evening ceremony at a sacred site overlooking the sea, for the
setting of the equinox sun

Day 4

The Tower of Stars

Visit the Nuraghe with archeologist Ilaria Montis, founder of Sardegna Sacra, leading researcher in Astro Archeology and Sacred Archeology. A chance to feed the intellect as well as the soul, connect to the ancestors and discover the secrets of sacred geometry.

Day 5

Once we were Giants

Complementary morning meditation

Free time

Evening in the Giants Tomb for the Incubation Ritual, to contact the spirit of the Giants, ancient Guardians of the Land, and remember your heritage from past lives.

Channelling sessions and shamanic dreaming

Narrator & medicine man Vincenzo La Ferla will open the Gateway with traditional prose in the native language.



Day 6

Integration Day

A day of rest, integration and preparation for the initiation at the Sacred Well. We gather at the Castle for shamanic dreaming, you will have free time throughout the day, and an optional walk to the “Sella del Diavolo” in the evening.

Day 7

Sacred Waters

Pilgrimage to the most revered site on the island, the Sacred Well of Santa Cristina, masterpiece of sacred geometry and feminine mystery. We travel to the site in the morning, spend time within the thousand years old olive grove to prepare the spirit, then we enter the well to be anointed by the sacred waters of the Dea Madre and complete the journey.

We return to the city and regroup at sunset in the Castle with sacred live music by Yaacob Surya.



Logistics

The Dea Madre journey begins at sunset on September 20th, in the Castle. You are advised to plan your arrival either a day before or by late afternoon on the day. You will be provided with a list of recommended hotels and B&Bs within the castle walls, so you can choose the option that best suits your needs.

We will all be close by, yet everyone in the privacy of one's own room or apartment. Cinzia, the journey leader, will be with you at all times, as a teacher, guide and interpreter. Cinzia will make her home in the Castle available as a point of reference and for circle time. You will also have access to complimentary shamanic mediations in the morning and the possibility to book private shamanic consultations during your stay. The Castle is located in Cagliari, seaside capital of Sardinia, the nearest airport is Cagliari-Elmas. There are direct flights from the EU, and intercontinental flights with a stopover in Rome or Milan. There will be free time during the week and Cinzia will be at hand to offer tips to make the most of your stay. There will be out of town trips to ancient sites for ceremony and shamanic teachings, as well as leisure time and mystical evenings at the Castle. Please note that the order of some activities may vary according to weather conditions and guidance from spirit. Travel from the US and Canada is now allowed, with no quarantine, you can find up to date anti Covid requirements at the links below.

Travelling from the US: <https://www.schengenvisainfo.com/news/italy-ends-covid-tested-flights-us-citizens-can-now-enter-without-additional-requirements/>

Travelling from Canada: https://ambottawa.esteri.it/ambasciata_ottawa/en/ambasciata/news/dall_ambasciata/2020/03/focus-coronavirus.html

Journey Leader



Founder of Ixchel Healing Arts, Cinzia Sarigu is a Sardinian medicine woman and shamanic teacher with over 20 years experience. A natural born dreamer, from an early age she has been speaking to the ones in spirit, and she helps others to develop their own

unique connection to spirit in their daily life. Cinzia is also a permaculture designer and teacher and over the years, she has founded community projects and regenerative initiatives in the UK, Italy, Mexico and Guatemala. A background in social justice and environmental activism led her to live and work with Mayan communities in the Yucatan and Guatemala, where she was initiated as a Day Keeper and ceremony leader for the Traditional Mayan Fire Ceremony. Over the years Cinzia trained extensively in shamanism from the Toltec, Mayan, Celtic and North American tradition. After living abroad for many years, Cinzia recently returned to her home island and has been connecting to her spiritual heritage through ceremony, dreams and local wisdom keepers.

Cinzia specialises in dream work, ceremonial arts, shamanic healing, earth based spirituality, psychic channelling and Mayan Mysteries. Cinzia helps people find their path through life and develop their own gifts. The foundation of her work comes from a lifelong deep connection to nature and to the spirit world. Cinzia teaches internationally in several languages and leads mystical retreats in Avalon, Mexico and the Mediterranean.

Read more about Cinzia <https://www.ixchel-arte.com/about>

FEES

7 days Mystical Journey

EARLY BIRD € 1350 ends August 1st

€ 1440 afterwards*

50 % deposit to reserve your place

*Payment plans & student discounts available

Fees include :

Transport and entrance to sacred sites

Shamanic Workshops

Live Music

Full Moon Ritual

Equinox Ceremony

Water Priestess Teachings

Sacred Archeology Tour

Star Lineage Activation

Giants Incubation Ritual

Sacred Waters Initiation

Morning Meditations

Materials



For bookings & inquiries info@ixchel-arte.com

Ixchel Healing Arts